



Memory Minders: Travel Kit

DIY: How to Build a Travel Kit

Document Travel Bag components

Print one each of all the following:

Document Travel bag Label (Color) - (address labels - 30/sheet)

or write with black perm marker on Ziploc bag label area of Document Travel Bag

Emergency Contact Card for *person with dementia*(*PWD*) – (Color) 2-sided biz card (1 shts@10 cards)

Emergency Contact Card for *care partner* – (Color) 2-sided biz card (1 shts@10 cards)

1-Memory Minders: Travel Kit Contents / DIY: How to Build a Travel Kit - (Color) 2-sided letter size sheet

2-Tips for Dementia Travel: Local and Extended – (Color) 2-sided letter size sheet

3-Trip Planner Form / Travel Itinerary (Sample) – (Black & White) 2-sided letter size sheet

4-Emergency Travel Medical Form / How to fill out – (Color) 2-sided letter size sheet / quarter-folded

5-Tips for Family Gatherings & Holidays: A Guide for Dementia Caregivers - (Color) 1-sided letter size sheet

The Hidden Disabilities Sunflower Lanyard - MSP airport info sheet – (Color) 1-sided letter size sheet

https://www.mymspconnect.com/sites/default/files/pdf/Sunflower%20Lanyard_INFO%20SHEET%20V3.pdf

Helpful Tips when Dealing with Dementia brochure- (Color) 2-sided brochure /

Source: *Alzheimer's Speaks* website to download:

<https://alzheimersspeaks.files.wordpress.com/2017/07/trifold-final-5-22-17-lori-changes-0523017-final-final.pdf>

Memory Minders: A Kit for Caregivers brochure – (Color) 2-sided brochure /

Source: Ramsey County Libraries – **Memory Minders: A Kit for Caregivers:**

<https://www.rclreads.org/wp-content/uploads/sites/82/2021/11/memory-minders-handout-7.21.pdf>

Assembly & Order of documents in Memory Minders: Travel Kit (order by height)

Document Travel bag: Gallon freezer bag (Blue top-Ziploc) with Label which includes:

- A. Snack bag (Green top-Ziploc) contains 2 Biz Cards
 - Emergency Contact Card for *person with dementia* (*PWD*) – 2-sided biz card
 - Emergency Contact Card for *care partner* - 2-sided biz card
 - Emergency Contact and Disability Information Cards - 3-pages letter size background document
- B. Sandwich bag (Green top-Ziploc):
 - 4-Emergency Travel Medical Form / How to fill out - 2-sided letter size sheet (quarter-folded)
- C. Brochure: Helpful Tips when Dealing with Dementia - 2-sided brochure
- D. Brochure: Memory Minders: A Kit for Caregivers - 2-sided brochure
- E. 1-Memory Minders: Travel Kit Contents / DIY: How to Build a Travel Kit - 2-sided letter size sheet
- F. 2-Tips for Dementia Travel: Local and Extended – 2-sided letter size sheet
- G. The Hidden Disabilities Sunflower Lanyard - MSP airport info sheet
- H. 5-Tips for Family Gatherings & Holidays: A Guide for Dementia Caregivers - 1-sided letter size sheet
- I. 3-Trip Planner Form / Travel Itinerary (Sample) - 2-sided letter size sheet