

Making Air Travel Easier for People Impacted by Dementia



Navigating air travel can be challenging for those living with dementia and their caregivers. The Alzheimer's Association MN-ND Chapter is collaborating with the Dementia-Friendly Airports Working Group to provide air travel resources for Minnesotans and North Dakotans living with all types of dementia and their caregivers.



dementiafriendlyairports.com

The Dementia-Friendly Airports Working Group provides resources for travelers living with dementia and their caregivers to help them safely and comfortably navigate air travel. Find tips and tools for planning your air travel, TSA screening, resources, regulations and guidance at dementiafriendlyairports.com.



hdsunflower.com/us/

The Hidden Disabilities Sunflower is the globally-recognized symbol for invisible disabilities, including dementia.

When traveling, you can wear the Hidden Disabilities Sunflower as a pin, sticker, wristband, or lanyard to share a hidden condition with airport personnel. This signals that you may need a helping hand, simple or repeated instructions, more time in public spaces, etc.

Free lanyards are available through a participating airport's website accessibility page. Current participants in our region include Minneapolis-St. Paul International Airport, Fargo Hector Airport, and Rochester International Airport. Check with your airport before traveling or purchase items at hdsunflower.com/us/.