



Emergency contact and disability information cards

Emergency contact and disability information cards are safety precautions and communication aids. They are useful if a person living with dementia or another disability cannot speak or speak clearly, has difficulty answering questions, has difficulty following directions, or needs extra time and patience to do something. Handing out these cards to strangers who expect to interact with someone with a hidden disability can reduce stress for the person with the hidden disability and facilitate their interaction with the stranger. These cards have more information than the TSA Notification cards and are useful to hand to security screeners.

Cards for the care partner are useful because they reduce the need for repeated explanations about the behavior of the person whom they care for and accompany. Emergency contact details for the care partner is helpful if something unexpected happens.

Information should include the statement that someone has dementia (or another disability) and requires patience and/or special assistance, the names of the person living with dementia and the care partner, a cell phone for the care partner, an emergency phone number if the care partner is injured. You can print your own cards using business card forms.

 <p>Emergency Contact Card</p> <p>I have Dementia.</p> <p><i>Please be patient.</i></p> <p>Thank you</p>	<p>I am _____ and have dementia.</p> <p>If I appear lost, please help me. Call my Care Partner</p> <p>_____</p> <p>at _____.</p> <p><i>Please be patient. Thank-you</i></p>
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 <p>Emergency Contact Card</p> <p>The person with me has</p> <p>Dementia.</p> <p><i>Please be patient Thank you</i></p> <p><small>©2018, Roseville Alzheimer's & Dementia Community Action Team</small></p>	<p>I am _____,</p> <p>a Care Partner for</p> <p>_____</p> <p>who has dementia.</p> <p>If I become incapacitated, please</p> <p>call _____</p> <p>at _____</p>
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If someone chooses to wear a Hidden Disabilities Sunflower Lanyard, there is a card with space for the first name, name of a family or guardian contact, phone number for their contact person, and room to identify special assistance needs.



If more detailed information is needed, individualized cards can be created online and purchased inexpensively from the Hidden Disabilities Store website (<https://hiddendisabilitiesstore.com/us/make-it-your-own>)

The cards can contain the following information:



1. Add your photo - upload a high-resolution, clear photograph of yourself
2. Add your name - add the name that you want people to use when addressing you
3. Add details of the type of help you need - use the generic description about having a hidden disability or replace it with a message specific to your hidden disability and the type of support you may need. It is important to only add information that you are comfortable for people to know about.
4. Add icons - use icons to provide a quick visual cue about the type of support you need.

5. Add a contact - add a name and number to be contacted with your consent or in an emergency.

Source: <https://hiddendisabilitiesstore.com/us/make-it-your-own>

TSA Notification Card

The TSA Notification Card allows air travelers with disabilities to discreetly inform airport security personnel about any medical conditions, disabilities, medical devices on their person or medications that might impact the screening process. In order to avoid removing tracking devices during TSA security screening, inform the TSA agent or Personal Support Specialist that the person living with dementia is wearing a medically necessary personal tracking device and request that it be visually inspected by the agent. Some travelers also carry a physician's note explaining their condition or need for a specific medical device.

The TSA Notification Card does not mean that travelers with disabilities who hold the card can skip the screening process. You can print out a TSA Notification Card on the TSA website https://www.tsa.gov/sites/default/files/disability_notification_card_508.pdf

Any personal emergency contact and disability information card or the Hidden Disabilities Sunflower Lanyard cards will supply additional useful information to the security screener.

**TSA Notification Card: Individuals with
Disabilities and Medical Conditions**

I have the following health condition, disability or medical
device that may affect my screening:

[Redacted area for health condition, disability or medical device]

I understand that alternate procedures providing an
equivalent level of security screening are available and
can be done in private. I also understand that presenting
this card does not exempt me from screening.

Information • Assistance Requests • Compliments • Complaints

TSA Cares

1-855-787-2227 (Federal Relay 711)
Weekdays: 8 a.m. to 11 p.m. ET

TSA-ContactCenter@tsa.dhs.gov
Weekends/Holidays: 9 a.m. to 8 p.m. ET

Hablamos Español
Automated information offered in 12 languages

Call 72 hours prior to traveling to request the assistance of a
Passenger Support Specialist (PSS) at the checkpoint. If a PSS is not
available, you may ask for a Supervisory TSA Officer at the checkpoint.