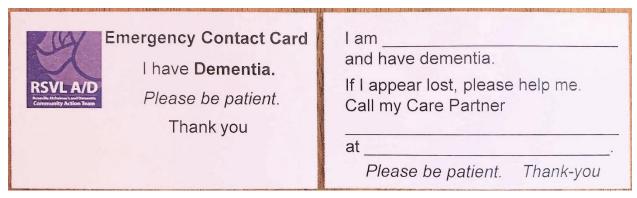
Emergency Contact and Disability Information Cards

Emergency contact and disability information cards are safety precautions and communication aids. They are useful if a person living with dementia or another disability cannot speak or speak clearly, has difficulty answering questions, has difficulty following directions, or needs extra time and patience to do something. Handing out these cards to strangers who expect to interact with someone with a hidden disability can reduce stress for the person with the hidden disability and facilitate their interaction with the stranger. These cards have more information than the TSA Notification cards and are useful to hand to security screeners.

Cards for the care partner are useful because they reduce the need for repeated explanations about the behavior of the person whom they care for and accompany. Emergency contact details for the care partner is helpful if something unexpected happens.

Information should include the statement that someone has dementia (or another disability) and requires patience and/or special assistance, the names of the person living with dementia and the care partner, a cell phone for the care partner, an emergency phone number if the care partner is injured. You can print your own cards using business card forms.





If someone chooses to wear a Hidden Disabilities Sunflower Lanyard, there is a card with space for the first name, name of a family or guardian contact, phone number for their contact person, and room to identify special assistance needs.



If more detailed information is needed, individualized cards can be created online and purchased inexpensively from the <u>Hidden Disabilities Store website</u>.

The cards can contain the following information:



- 1. Add your photo upload a high-resolution, clear photograph of yourself
- 2. Add your name add the name that you want people to use when addressing you
- 3. Add details of the type of help you need use the generic description about having a hidden disability or replace it with a message specific to your hidden disability and the type of support you may need. It is important to only add information that you are comfortable for people to know about.
- 4. Add icons use icons to provide a quick visual cue about the type of support you need.
- 5. Add a contact add a name and number to be contacted with your consent or in an emergency.

Source: https://hiddendisabilitiesstore.com/us/make-it-your-own

TSA Notification Card

The TSA Notification Card allows travelers with disabilities to discreetly inform airport security personal about any medical conditions, disabilities, medical devices on their person or medications that might impact the screening process.

In order to avoid removing tracking devices during TSA security screening, inform the TSA agent or Personal Support Specialist that the person living with dementia is wearing a medically necessary personal tracking device and request that it be visually inspected by the agent. Some travelers also carry a physician's note explaining their condition or need for a specific medical device.

The TSA Notification Card does not mean that travelers with disabilities who hold the card can skip the screening process.

You can download a TSA Notification Card from the TSA website and print it out.

Any personal emergency contact and disability information card or the Hidden Disabilities Sunflower Lanyard cards will supply additional useful information to the security screener.

